

# PC 5345 Jackson Newsletter



**WEST YORKSHIRE  
POLICE**

## Who am I?



I am PC Jackson and my collar number is 5345.

I have been a police officer for 16 years, working in many departments such as Response, Neighborhood policing teams, integrated offender management and now in my current position as a safer schools partnership officer.

I am Stationed at South Kirkby Police Station and based full time at Outwood Academy Hemsworth. You are very lucky that this school has a dedicated officer, as not all schools get this privilege.

## Why am I here?

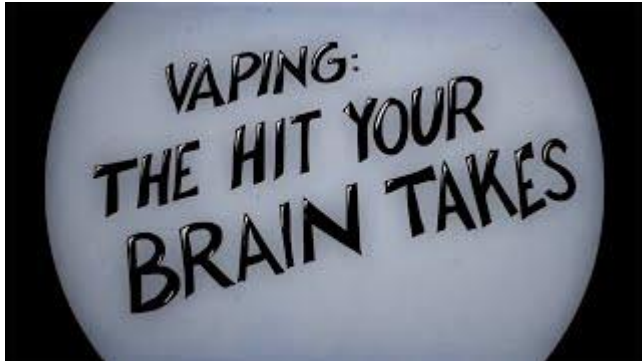
My role is a preventative one, to ensure the safety of students, staff and school site.

- I try to build positive relations between young people, the Police and the wider community.
- I help and support our young people to deal with situations that may put them at risk of becoming victims of crime.
- Sometimes I use enforcement to demonstrate that those that do offend cannot do so without facing consequences. We do this by early intervention, support and where necessary challenge of pupils involved in or at risk of offending
- Education is key to keeping young people safe, keeping them off the criminal justice pathway and building better future for all.



# PC 5345 Jackson Newsletter

## DANGERS of VAPING



Parents/carers please take time to watch this youtube video with your child highlighting the dangers of Vapes - E cigarettes

### VAPING IS A MASSIVE THREAT TO THE HEALTH OF YOUNG PEOPLE

- Contain nicotine making them addictive - those that use vapes are more likely to become a smoker
- Harmful cancer causing chemicals found in cleaning products, nail polish remover, weed killer, bug spray & metals (tin, nickel & lead)
- Leaving young people at increased risk of depression & anxiety & other mental health problems
- Damage to teeth by the vape juice Propylene Glycol (PG) breaks down into acids and damages the enamel causing gum disease.

### SPECIFIC HEALTH PROBLEMS IN TEENAGERS:

- Organ Damage - rapid onset of coughing
- Breathing Difficulties (A & E)
- Lung Disease / Lung Scarring (ultrafine particles that get deep into the lung)
- Seizures - Black-out
- Strokes / Heart attacks

**Last Year - 47 Deaths / 2,290 vaping related medical reported incidents**  
**This Year - 68 Deaths / 2,500 vaping related medical reported incidents = 21 in the past 12 months lost their life!**



# PC 5345 Jackson Newsletter



- Extreme Reactions to persons that smoke vapes, such as black outs and left unconscious
- Blank chambers laced with (Tetrahydrocannabinol) THC Marijuana / Cannabis
- Drug Dealers are selling which contain THC
- Different strengths
- They are Illegal



## UK teenager needed life support over vaping-linked disease

Ewan Fisher became ill at 16 with 'a catastrophic respiratory illness'

*"British teenager who took up e-cigarettes at the age of 16 has urged others not to start vaping.*

*Ewan Fisher, 19, was put on life support after suffering serious respiratory failure which doctors have linked to vaping.*

*He said he developed a "choking cough" and was struggling to breathe before going to hospital, where he was treated for hypersensitivity pneumonitis (HP) – inflammation of the lung tissue. "I was vaping for about four or five months before I got ill. I was vaping about 10 to 15 times a day"*

**DON'T DO IT!!**



# PC 5345 Jackson Newsletter

## Cannabis Edibles

Edibles are food products that contain marijuana (cannabis) There are many forms of edibles including baked goods sweets chocolates and beverages.

Cannabis contains tetrahydrocannabinol (THC)

Many people consider them to be safe, however there are many risks

Consuming too much cannabis through edibles is easy to do, causing adverse side effects. (Overdose)



### What's so **dangerous** about cannabis infused edibles/sweets

1. It's difficult to tell how much THC (the psychoactive part of cannabis) is in each edible. So if you consume sweets containing cannabis, you will be **consuming a completely unknown amount in one sitting!**
2. Just like with other drugs, they **could have other drugs mixed in.**
3. The effects are likely to be delayed compared to smoking cannabis. It can take up to **3 hours** for the drugs to take effect therefore creating the risk that people may take more believing the initial amount has not worked.
4. The marketing is branded very similar to original sweets. **This could lull people into a false sense of security.**
5. Young children could consume them **without knowing** they contain drugs

**\*\*\*\*\* They are Illegal \*\*\*\*\***

